



Introduction

Mobile Outreach Street Health (MOSH) Housing First is a project of the North End Community Health Centre. We prioritize individuals who are the most vulnerable and chronically homeless. Individuals accepted into the program receive individualized support for as long as they need. MOSH Housing First provides services based on principles of harm reduction, recovery, and choice.

Quick Facts

- We have the capacity to support up to 60 individuals who have experienced homelessness for long periods of time (on average 5+ years)
- We work with private landlords – we do not own or operate our own units. Housing NS provides rent subsidies.
- People are not required to be “housing ready.”

What we do

- We assist people in locating appropriate, safe housing in an apartment of their choice
- We help people secure furnishings and the items necessary to set-up an household
- We provide individualized support to assist people in the development of meaningful goals and enhanced independence
- If someone is unable to maintain a tenancy (i.e. eviction), we provide assistance in re-locating appropriate, safe housing

We expect that the people we support:

- Make every attempt to allow staff of MOSH Housing First into their home for a weekly (at minimum) home visit

Who we are

MOSH has worked hard over the past seven years to develop a strong, holistic approach to health, which includes housing. We realize that managing complex chronic health conditions while experiencing homelessness is difficult, sometimes impossible. Having support and housing allows us to partner with individuals to address health concerns and coordinate care to facilitate wellness for these members of our community.

Our Housing First team consists of a team lead, five intensive case managers, a primary health care nurse, and peer support. Through a partnership with the Nova Scotia Health Authority, our team includes a mental health occupational therapist and a mental health nurse. Additionally, through a partnership with the Mi’kmaq Native Friendship Centre our clients have access to culturally appropriate, intensive support.