

## **Herring Cove Apartments – Housing First, operated by Shelter Nova Scotia**

### **Introduction**

Herring Cove Apartments- Housing First is a supportive living environment for individuals who are experiencing long term alcohol dependence and have a history of homelessness. The apartments have an onsite, 24 hour care team led by a House Director. We offer minimal barrier, high tolerance housing in a harm reduction environment. Herring Cove Apartments- Housing First opened in September 2015 with funding from Homelessness Partnering Strategy.

### **Quick Facts**

- We have space for up to 12 tenants
- Rent includes phone, electricity, heat and hot water. Rent is \$535 a month
- We provide one meal per day

### **What we do**

We provide affordable housing in the form of shared apartments, enabling our tenants to create a sense of community. We believe that housing is a basic human right.

Through intensive 24/7 on site support, tenants are provided opportunity to develop personal goals related to meaningful daily activity, social relationships and networks, and assistance with medication and money management. Tenants also have access to weekly onsite health care services.

### **How we work**

Under the guidance of a community-based advisory committee, Herring Cove Apartments- Housing First provides a non-coercive harm reduction approach that promotes self-determination. With a goal of eviction prevention, employees work with individuals with long term alcohol dependence for whom traditional recovery methods have not been successful.

Shelter Nova Scotia envisions a community without judgement where everyone has safe, affordable housing. While providing a safe place to stay for those in need, we seek to grow an effective continuum of services to help people transition from crisis back to community.

For more information, please visit [www.ShelterNovaScotia.com](http://www.ShelterNovaScotia.com)

